

Cycling - Mountain Bike

DATE: Saturday, July 27, 2013

TIMES:

Check In - 7 a.m.

Junior 12 & Under Class - 8 a.m.

Beginner/Novice Class - 8:30 a.m.

Sport/Expert Classes - 10:30 a.m.

NOTE: Racers must check in at least 30 minutes prior to scheduled start time.

SITE: Branched Oak Lake, Area #7

SPECIAL NOTICE: State Park permits are needed to enter Branched Oak State Recreation Area. **Absolutely NO PARKING on the shoulders of the road.**

COMPETITION FORMAT: The mountain bike course includes some rolling hills with a combination of dirt and grass surfaces. Distances listed are subject to change.

RULES: All riders must wear ANSI-approved helmets. Riders are expected to ride safely and courteously. Director may shorten the distances in case of inclement weather.

Event Name	Event Code	Event Name	Event Code
<u>Male Beginner/Novice</u>		<u>Male Sport</u>	
Junior 12 & Under (2 laps, 2.5 miles)	1	Junior 18 & Under (3 laps, 15 miles)	12
Junior 13-18 years (2 laps, 10 miles)	2	Senior 19-34 years (3 laps, 15 miles)	13
Senior 19-34 years (2 laps, 10 miles)	3	Veteran 35-44 years (3 laps, 15 miles)	14
Veteran 35-44 years (2 laps, 10 miles)	4	Master 45 & Over (3 laps, 15 miles)	15
Master 45 & Over (2 laps, 10 miles)	5		
<u>Female Beginner/Novice</u>		<u>Female Sport</u>	
Junior 12 & Under (2 laps, 2.5 miles)	6	Junior 18 & Under (3 laps, 15 miles)	16
Junior 13-18 years (2 laps, 10 miles)	7	Women 19 & Over (3 laps, 15 miles)	17
Women 19 & Over (2 laps, 10 miles)	8		
<u>Male Expert</u>		<u>Female Expert</u>	
Junior 18 & Under (4 laps, 20 miles)	9	Junior 18 & Under (4 laps, 20 miles)	18
Senior 19-34 years (4 laps, 20 miles)	10	Women 19 & Over (4 laps, 20 miles)	19
Master 35 & Over (4 laps, 20 miles)	11		

REGISTRATION FEES & DEADLINES:

REGISTER BY JUNE 17 AND SAVE! If registered by Monday, June 17, the Mountain Bike entry fee is \$26 for the first event and \$10 per person for each additional event. Between June 18 and July 1, the fee is \$31 per person for first event, \$10 per person for each additional event.

FINAL ENTRY DEADLINE: Monday, July 1. Some sports accept entries after July 1 with an additional fee. If not specifically stated in the sport information, please contact the NSC office at 402-471-2544 to see if your sport accepts late entries.

NOTE: Entry fee includes an athlete shirt, passes to SportFest and the Opening Ceremonies and a copy of the NSC Yearbook. Yearbooks will not be shipped, but will be available at the Opening Ceremonies on July 19 and at the Nebraska Sports Council office during normal packet pickup dates/times.

AWARDS: Gold, silver and bronze medals will be awarded to the top three finishers in each event.

PACKET SHIPPING AVAILABLE FOR YOUR CONVENIENCE: Save time and avoid hassles like waiting in line, running across town between games, or trying to locate teammates on site at the Opening Ceremonies. Those who choose packet shipping (\$7 Individual, \$14 Team/Doubles) will receive shirt(s), Opening Ceremonies pass(es) and sponsor gifts more than a week before the Opening Ceremonies. **Packet shippers will also receive a certificate for a Free Arby's Roast Beef Sandwich.** Those not choosing the shipping option may pick up athlete packets at the following locations/times:

Wednesday, July 17 | 8 a.m. – 6 p.m. | Nebraska Sports Council Office (4903 N. 57th Street, Lincoln)

Thursday, July 18 | 8 a.m. – 6 p.m. | Nebraska Sports Council Office (4903 N. 57th Street, Lincoln)

Friday, July 19 | 4 p.m. – 7 p.m. | Packet Pick-up tent at SportFest (7600 A Street, Lincoln)

Saturday, July 20 | 7 a.m. – 6 p.m. | Nebraska Sports Council Office (4903 N. 57th Street, Lincoln)

Sunday, July 21 | 7 a.m. – 6 p.m. | Nebraska Sports Council Office (4903 N. 57th Street, Lincoln)

Wednesday, July 24 | 8 a.m. – 6 p.m. | Nebraska Sports Council Office (4903 N. 57th Street, Lincoln)

Thursday, July 25 | 8 a.m. – 6 p.m. | Nebraska Sports Council Office (4903 N. 57th Street, Lincoln)

Friday, July 26 | 8 a.m. – 6 p.m. | Nebraska Sports Council Office (4903 N. 57th Street, Lincoln)

Saturday, July 27 | 7 a.m. – 6 p.m. | Nebraska Sports Council Office (4903 N. 57th Street, Lincoln)

Sunday, July 28 | 7 a.m. – 6 p.m. | Nebraska Sports Council Office (4903 N. 57th Street, Lincoln)

NOTE: Packets WILL NOT be available for pick up at the NSC office on Friday, July 19. Packets WILL NOT be available for pick up at the competition sites.

OPENING CEREMONIES & SPORTFEST: The always popular Opening Ceremonies on Friday, July 19 will again be preceded by SportFest, a party with all the trimmings including inflatable/carnival games, interactive displays, music and free dinner for registered athletes. Find all the details at CornhuskerStateGames.com.

FOR FURTHER INFORMATION: Mountain Bike Director Kris Sonderup at (402) 430-4566 or kris@cycleworksusa.com.