



### **Cornhusker State Games – 1 mile Open Water Swim**

7:30 a.m. start

Area 1 Beach

Route (Clockwise):

- From beach start, swim to first buoy near the left point, TURN RIGHT (buoy to your right)
- Swim outside the white buoys (lake side), be sure to sight often to stay on the lake side (north)
- Swim between green marker #1 (to your left) and the last buoy (to your right), TURN LEFT
- Swim to orange marker #1, TURN CLOCKWISE (marker to your right)
- Swim around marker, returning to last buoy
- Swim clockwise around buoy on the shore side (buoy on your right)
- Swim inside (shore side) of the white buoys (buoys to your right). Site to stay on shore side (south)
- Swim counter clockwise around green marker #1 (marker to your left), TURN LEFT to return to the beach, cross the finish line.