



Cornhusker State Games – 5K Open Water Swim

8:30 a.m. start

Area 1 Beach

Route (Clockwise):

- From beach start, swim to first buoy near the left point, turn right (buoy to your right)
- Swim outside the white buoys (lake side), be sure to sight often to stay on the lake side (north)
- Swim between green marker #1 (to your left) and the last buoy (to your right), turn left
- Swim to second orange marker, turn clockwise (marker to your right)
- Swim clockwise around eastern buoy on the shore side (buoy on your right)
- Swim around buoy #1 (west side) and repeat route 2 more times for a total of 3 laps.
- Near the end of your 3rd lap, swim counter clockwise around green marker #1 (marker to your left), TURN LEFT to return to the beach, cross the finish line.

100 Meter Swim

9:30 a.m. Start

Area 1 Beach

Route (Clockwise)

Swim out to the first buoy near the left point, turn clockwise around it (buoy to your right)

Return to the beach, cross the finish line