



MARTIAL ARTS - TAEKWONDO

**Welcome to the 2019 Cornhusker State Games Taekwondo Competition.
We are looking forward to another year hosting this event.
Here are a few items to help you prepare for the tournament.**

- Competition July 20th at the Lied Activity Center 2700 Arboretum Drive in Bellevue Nebraska. (Yes, it is air conditioned).
- Check-in Begins @ 8:15 am. Black Belt and Athlete Meeting @ 9:30 am. Competition begins @ 10 am.
- The Lied Center does have locker rooms and showers available.
- Concessions will be available 9:30-2:30 with proceeds benefiting the Bellevue Public Schools.
- Equipment will not be available for purchase at the competition. All competitors need head, hand, and foot pads. Mouthpiece (molded/formed). Male athletes need a groin cup.
- We will have the medal podium again to allow for great photo opportunities for athletes and schools.
- Packet pick-up is available at the opening ceremonies on July 19th and at Lincoln Northeast on July 20th (see sport listing on the CSG website for details.) Packets will not be at the competition venue.

Thank you for your continued support and participation in the Cornhusker State Games.
Michael Catron and Hilary Catron-sport directors
chungdokwanuta@hotmail.com

Information also available on the State Games website: www.cornhuskerstategames.com

SPONSORED BY:

