

2020 CSG Shooting-Adult Trap & Skeet General Guidelines

Remember to:

STAY HOME IF YOU HAVE ANY OF THE [COVID-19 SYMPTOMS](#) SET IN PLACE BY THE CDC AND LINCOLN-LANCASTER CO. HEALTH DEPARTMENT

If you are awaiting test results for COVID-19, DO NOT come to any of the CSG events

Cover mouth when coughing or sneezing

Wash hands or use alcohol-based hand sanitizer

Avoid touching eyes, nose and mouth

Avoid close contact and distance yourself from other people

- **CSG Opening Ceremonies:** The CSG Opening Ceremonies will not be held in person
- **Self-Screen at Home:** We are requesting you to screen at home, this includes taking your own temperature and verifying that it is under 100.4 degrees Fahrenheit
- **Waiver:** All athletes must sign the online waiver which includes Covid-19 language prior to the competition
- **Plan:** NSC Staff and the NSC Medical/Safety Committee will work with all facilities on a restroom/equipment/seating sanitization plan
- **Preparation:** Athletes will be asked to arrive at the location dressed and stretched with a bag for a change of shoes if needed
- **Masks:** We strongly recommend that masks are worn:
 - By spectators at all times with indoor sports
 - By athletes, before and after competition, but not during
- **Clean:** All athletes and spectators will be reminded to wash hands often and use hand sanitizer stations where applicable
 - All high-touch areas will be sanitized with spray or wipes at least every two hours
- **Spectators:** All athletes will be encouraged to only allow immediate family to join them at the competition site.
- **Separation:** Provide spacing (Bleachers & Common Gathering Points)
 - Regular social distancing announcements will be made
 - Volunteers will be enforcing social distancing
 - At high traffic/indoor facilities, X's will mark 6 foot distancing requirements on the ground and bleachers where necessary
 - Where needed floor arrows will mark flow of traffic
- **Capacity:** Onsite staff will monitor maximum capacity guidelines at each sport venue
- **Awards:** If applicable: Awards will not be draped over athlete necks. All Awards Ceremony volunteers will hand individually wrapped medals to athletes wearing gloves

and face masks. Athletes will be allowed to stand on the medal stand, one by one, for photo opportunities, but only one at a time.

Sport Specific Notes:

- We are asking everyone to go in one door, register, pay and go out the other door
- When you enter the facility a mask must be worn
- There will be a sanitizer station when you register
- We have signs posted through the clubhouse to inform people about COVID-19 and how to protect yourself from it (taken from the CDC website).
- We wipe down all touchable surfaces in the clubhouse every 2 to 3 hours as needed
- We are asking no more than 15 in the clubhouse at one time
- We are asking everyone to keep at least 6 feet distance from each other indoors and outdoors
- We have red X's on the floor for the shooters to use while waiting to register/pay
- While shooting the shooters are always a minimum of 6 feet apart
- We encourage shooters to wear masks while not shooting