

Track & Field – Youth



Register online at CornhuskerStateGames.com

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GENERAL INFORMATION

DATE: Saturday, July 18, 2020

SITE: Lincoln High (2229 J. Street, Lincoln)

RULES: Maximum 1/8" spikes allowed.

AGE DIVISIONS:

Age determined as of December 31, 2020 for all divisions except 17-18 Years.

Age determined as of July 18, 2020 for athletes registered in the 17-18 Years division.

Any athlete with a birthday on or before July 18, 2001 must enter the Masters divisions.

AWARDS: Custom Cornhusker State Games gold, silver and bronze medals will be awarded to the top three finishers in each event. All participants in the 3-4 Years and 5-6 Years divisions will receive a commemorative Cornhusker State Games medal in the 50 Meter Dash.

VOLUNTEERS: Volunteers are needed for the Cornhusker State Games Track & Field event. Those interested should contact volunteer coordinator Kevin James at kjames@lps.org. All volunteers will receive a volunteer packet that includes a Cornhusker State Games volunteer shirt and a free lunch on Saturday at the event.

The Cornhusker State Games Track & Field Meet will continue to be a one-day format. Past CSG meets ran from 7:30 a.m. to 8:30 p.m. The meet is usually hot, and recruiting volunteers for three sessions is very difficult. Those interested in walking in the 2019 Games are encouraged to register for any of three walking events - CSG Walk (Outdoor Lincoln, July 25); Mallwalk (Indoor Lincoln, July 19); WalkOmaha (Outdoor Omaha, July 26) - at CornhuskerStateGames.com.

The updated time format for 2020 is below.

EVENTS

The schedule of events below is an approximate time based upon participation registered numbers. A FINAL schedule and heat sheet will be posted at CornhuskerStateGames.com and emailed to participants the week of competition by Wednesday July 15th and not before. Please check the Website before calling the Sport Director.

NOTE: The meet can run up to 15 minutes ahead of schedule, so please to be there at least an **HOUR** before your race.

Running events will follow the schedule below. **A FINAL schedule and heat sheet will be posted the week of competition.**

1500 - 8:00 am to 8:50 am

100 - 8:55 am to 10:15 am

400 - 10:20 am to 11:50 am

800 - 12:20 pm to 12:50 pm

200 - 12:55 pm to 1:55 pm

50 - 2:00 pm to 2:30 pm

Boys Triple Jump – 10 am

Girls Triple Jump – 9 am

LONG JUMP									
Division		Day	Session	Event #	Flight #	2019	JUMPS	PIT	Register
Session 1 East PIT	<u>YOUTH</u>								
Boys 9-10	Long Jump	Saturday	1	15	1	11	3	EAST	9:30 AM
Session 2 East PIT	<u>YOUTH</u>								
Girls 9-10	Long Jump	Saturday	2	15	2	8	3	EAST	10:15 AM
Girls 11-12	Long Jump	Saturday	2	15	3	9	3	EAST	11:00 AM
Boys 11-12	Long Jump	Saturday	2	15	4	5	3	EAST	11:45 AM
Boys 13-14	Long Jump	Saturday	2	15	4	5	3	EAST	11:45 AM
Girls 13-14	Long Jump	Saturday	2	15	5	4	3	EAST	12:30 PM
Boys 15-16	Long Jump	Saturday	2	15	6	3	3	EAST	1:15 PM
Boys 17-18	Long Jump	Saturday	2	15	6	4	3	EAST	1:15 PM
Girls 15-16	Long Jump	Saturday	2	15	7	3	3	EAST	2:00 PM
Girls 17-18	Long Jump	Saturday	2	15	7	2	3	EAST	2:00 PM
Session 1 West PIT	<u>YOUTH</u>								
Boys 7-8	Long Jump	Saturday	1	15	8	8	3	WEST	10:45 AM
Session 2 West PIT	<u>YOUTH</u>								
Girls 3-4	Long Jump	Saturday	2	15	9	8	3	WEST	11:25 AM

Boys 3-4	Long Jump	Saturday	2	15	10	9	3	WEST	12:05 PM
Girls 5-6	Long Jump	Saturday	2	15	11	9	3	WEST	12:45 PM
Boys 5-6	Long Jump	Saturday	2	15	12	12	3	WEST	1:25 PM
Girls 7-8	Long Jump	Saturday	2	15	13	15	3	WEST	2:00 PM
Session 1 East PIT	<u>YOUTH</u>								
Boys 9-10	Long Jump	Saturday	1	15	1	11	3	EAST	9:30 AM
Session 2 East PIT	<u>YOUTH</u>								
Girls 9-10	Long Jump	Saturday	2	15	2	8	3	EAST	10:15 AM
Girls 11-12	Long Jump	Saturday	2	15	3	9	3	EAST	11:00 AM
Boys 11-12	Long Jump	Saturday	2	15	4	5	3	EAST	11:45 AM
Boys 13-14	Long Jump	Saturday	2	15	4	5	3	EAST	11:45 AM
Girls 13-14	Long Jump	Saturday	2	15	5	4	3	EAST	12:30 PM
Boys 15-16	Long Jump	Saturday	2	15	6	3	3	EAST	1:15 PM
Boys 17-18	Long Jump	Saturday	2	15	6	4	3	EAST	1:15 PM

MAX EVENTS: A maximum of three (3) events per participant in the following age groups: 3-4 Years, 5-6 Years, 7-8 Years, 9-10 Years and 11-12 Years. A maximum of four (4) events per participant in the following age groups: 13-14 Years, 15-16 Years and 17-18 Years. Participants who register for more than the maximum allowed will be subject to disqualification in the event(s) that takes them over the maximum.

100 METER DASH: The 100 Meter Dash will be a final only for all youth and master divisions. Fully automatic timing will be used, so there is no need for a preliminary. However, meet directors would like to get the best runners in the fastest section. Please enter a legitimate 100 Meter seed time during registration.

FIELD EVENTS:

Track events take priority over field events. Athletes who need to check in for a track event must let the field event judge know. Athletes have until last call to check into the running events, and should make arrangements to jump early or late. COMMUNICATION IS THE BEST.

Three jumps. No finals.

CHECK IN PROCESS

BIB NUMBERS – Bib Numbers are no longer used in the event. When you arrive go directly to your field event site if that is first or proceed to Hip Number tent to pick up a hip number for your first racing event. Please allow 45 minutes to an hour to warm-

up and get your hip number. The Hip number tent will be in the Southeast corner of the track. No registration at the meet is required and no packet pickup will be allowed at the meet.

ATHLETE PACKETS & TEAM BOXES

Choose the Shipping Option and get a Free Arby's Sandwich!

Save time, avoid hassles and receive your CSG gear more than a week before the Opening Ceremonies by shipping your athlete packet (\$10) or team box (\$15). Athlete packets contain the athlete shirt and Super Pass. Athlete packets will begin to ship in June. The packet shipping option will only be available for those registered by the final entry deadline. If you don't choose the shipping option, you will need to pick up your athlete packet or team box.

JOIN US FOR OPENING CEREMONIES ON JULY 17!

Please refer to the CSG website about the Virtual Opening Ceremonies.

REGISTRATION FEES & DEADLINES

For pricing and dates, please check the Youth Track & Field web page

MULTI-EVENT DISCOUNT NOTE: If registering for multiple events, all entries must occur in the same transaction to receive the multi-event discount.

ENTRY FEE INCLUDES: Competition in the 2020 Cornhusker State Games; White cotton athlete shirt (micro-fiber or soft cotton lightweight tri-blend upgrade available); and all competition venues; Sponsor gifts and coupons.

PAPER ENTRY FORMS: Paper entry forms will be accepted with a \$5 processing fee. Registering online at CornhuskerStateGames.com saves time, money and trees.

FURTHER INFORMATION

Sport Specific Questions: Contact Track & Field Director Alex Czeranko at aczeran@lps.org.

Online Registration/Website Questions: Contact the Cornhusker State Games office at 402-471-2544 or info@nebraskasportscouncil.com.