

Gymnastics Sponsored By



GYMNASTICS FINAL SCHEDULE

Sunday July 23, 2023

Solid Rock Gymnastics 610 Hill Street Lincoln, NE 68502

Admission Fee's: Adults - \$5.00, Students (6-18) - \$2.00, Children: (5 and under) - Free

Session 1		
AK1,	AK2,	AK3

Open Stretch 9 am
March In 9:20 am
Competition 9:30 am
Awards 12 pm

Session 2 PO, NO, IO, AO, BOYS

Open Stretch 1 pm
March In 1:20pm
Competition 1:30pm
Awards 4 pm

Hosted by: AmeriKids Midwest District