2024





SUNDAY, JULY 21

Session 1 AK2, AK3 Prep, Boy's

Stretch: 9:00am

March In: 9:20am

Competition: 9:30am

Awards: 11:00am

Session 2 AK1, AK4, NO IO, AO

Stretch: 11:30am

March In: 11:50am

Competition: 12:00pm

Awards: 2:00pm

LOCATION
SOLID ROCK GYMNASTICS
610 HILL STREET
LINCOLN, NE 68502

Admissions: \$5.00 per person